Empowerment Therapy Center

Women's Empowerment Groups

**When:** Mondays (morning or afternoon)
**Time:** 10:00 - 11:30 am or 3:00 - 4:30 pm
**Where:** ETC@ 1257 Lake Plaza Drive

Learn about:

> Healthy Relationships
> Healthy Communication
> Conflict Resolution
> Personal Empowerment
> Domestic Violence Dynamics

Facilitated by Amy Sinjem MA, NCC
For more information call ETC @ 719-329-1900
www.etcwcf.org